

# Friends of Fulbourn Hospital and the Community

[www.fofbc.org.uk](http://www.fofbc.org.uk), [info@fofbc.org.uk](mailto:info@fofbc.org.uk)

- extending mental health care -



Registered  
Charity  
No 273281

## **FORUM LUNCH CLUB ORGANISER**

We are looking for a person willing to undertake on a voluntary basis the role of organiser for the Forum Lunch Club. The role will entail leading and helping to recruit the team of helpers.

The Forum Lunch Club was established nearly twenty years ago. It has been meeting at St. James' Church Wulfston Way and at Little St. Mary's Church and provides a hot two course lunch for its members and helpers, with lecture style talks/music on a variety of subjects each month offering those older people of an academic/professional background, who have a mental health issue and for whom conventional day care is inappropriate, an opportunity to meet and socialise together in a friendly and relaxing environment. We try to remove all 'labels' where possible so new members don't necessarily know who is a helper and who is a member, just that we are a friendly group of up to 40 members enjoying a meal together. The Forum Lunch Club is run under the umbrella of the Friends of Fulbourn Hospital and the Community. Currently the Club meets on the second Tuesday of each month at Little St. Mary's Church and on the fourth Wednesday of each month at St. James' although the timing and location are of the later are currently under review.

## **THE ROLE AND SKILLS REQUIRED**

We are looking for an individual who lives or work locally, with good local networks, combined with a commitment to the support of mental health service users and their carers. Although not essential it would be helpful if you have experience of service delivery in mental health and/or the voluntary sector in a managerial role and/or dealing with clients.

Personal skills and qualities:

- ability to work effectively as the leader of a team
- understanding of and empathy for the needs of those with mental health problems and of those who care for them
- ability to understand and accept their responsibilities and liabilities of a voluntary service provider
- ability to think creatively and strategically, and exercise good, independent judgement
- effective communication skills and ability to act as an active and credible ambassador for the Friends with external audiences

If there are questions or clarifications about the role you wish to discuss in advance of writing a letter of application, please do not hesitate to contact Dr David Livesey, Chair of the trustees, via [d.a.livesey@ntlworld.com](mailto:d.a.livesey@ntlworld.com). Letters of application, together with the names of two referees should be addressed to David Livesey, Chair of the Trustees, either at, [info@fofbc.org.uk](mailto:info@fofbc.org.uk) or 19 Glisson Road, Cambridge CB1 2HA.

## ***The Friends of Fulbourn Hospital and the Community***

We are a group of people who support the care, welfare and recovery of sufferers from mental illness, whatever their age, who are or who have been associated with Fulbourn Hospital. We

aim to increase the understanding of mental illness and the needs and problems of patients, and their carers, amongst people outside the Hospital.

We have no paid staff and are run by a Management Committee, the members of which are the charity's trustees who meet quarterly. Administrative costs are therefore very low, and nearly all the money which we raise goes into supporting patients.

In the community we seek to support the recovery and integration of those with a mental health problem in a number of ways, notably by running Forum Lunch Clubs, supporting bereavement counselling for mental health sufferers and offering limited financial resources. We also inform public debate on mental health issues.

We are grateful to those whose subscriptions and donations and their voluntary help have continued to support our work. There is a growing need for our activities and funding. We are pleased that we continue to have good links with the Cambridgeshire and Peterborough NHS Foundation Trust. Having recently received a large donation, which we will enable us to significantly increase our grant making activities; we are looking to recruit new trustees with the appropriate skills and experience.